



# CASA

## Community

Registered NDIS Provider

# Day Option

Learn and Earn

We support the

**ndis**





# PROGRAM

## Overview

Our Day Options program provides a friendly, fun, and inclusive environment for adults, led by experienced and qualified disability support workers. We prioritize individual goals, developmental needs, and personal interests when planning activities and outings, ensuring each participant maximizes their experience every day. ***Activities change throughout the year and include our Education, Employment, and Skill (EES) (EES).***

# WHAT IS EES?

Education, Employment and Skill (EES) services is committed to providing comprehensive, center-based support and training for individuals with disabilities, helping them secure meaningful and sustainable employment. Our aim is to empower participants to reach their full potential, fostering independence and enhancing their quality of life through personalized employment opportunities.

# PROGRAM COMPONENTS

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## Assessment and Individualized Planning:

- Comprehensive evaluations to identify participants' strengths, interests, and areas for development.
- Creation of personalized employment plans tailored to each individual's goals and needs.

## Skill Development and Training:

- Vocational Training: Hands-on training in various trades and industries to build job-specific skills.
- Life Skills: Training in essential life skills such as cooking, time management, communication, and personal finance.
- Technology Training: Instruction on using assistive technologies and general office software to enhance digital literacy.

## Therapeutic Activities:

- Music and Dance Therapy: Incorporate music and dance sessions to improve emotional well-being and self-expression.
- Animal-Assisted Therapy: Arrange interactions with therapy animals to provide comfort and enhance social skills.

## Skill Development Workshops:

- Life Skills Training: Offer workshops on essential life skills such as cooking, budgeting, and personal hygiene.
- Social Skills Development: Provide activities that enhance communication, teamwork, and social interaction skills.

## Recreational Activities:

- Arts and Crafts: Encourage creativity through painting, drawing, pottery, and other craft activities.
- Sports and Fitness: Organize regular physical activities such as swimming, yoga, and team sports to promote physical health and well-being.

## Product Line Creation:

- Product Development Workshops: Classes and hands-on training sessions focused on designing and producing high-quality products.
- Quality Control and Branding: Instruction on maintaining product standards and creating a recognizable brand.
- Marketing and Sales Training: Guidance on marketing strategies, sales techniques, and customer service skills.
- Profit Sharing: A portion of the profits from the product sales will be allocated to participants, rewarding their hard work and contribution. This is structured in compliance with applicable labor laws and regulations to ensure fair and equitable distribution.
- Employment Readiness Workshops:
  - Resume building, job application assistance, and interview preparation.
  - Workshops on workplace etiquette, teamwork, and problem-solving skills.

## Educational Outings:

- Museum and Gallery Visits: Plan trips to local museums, art galleries, and cultural sites to broaden participants' horizons and stimulate intellectual curiosity.
- Nature Excursions: Schedule visits to parks, botanical gardens, and nature reserves to foster a connection with the outdoors.

## Community Involvement:

- Volunteer Opportunities: Facilitate volunteer activities that allow participants to contribute to their community and gain valuable experience.
- Local Events Participation: Encourage attendance and participation in local events, festivals, and fairs to build a sense of community.

# Conclusion

By integrating our Day Options program with Empowerment Employment Services (EES), we create a holistic approach that supports individuals with disabilities in both their daily activities and long-term career goals. Our dedicated team ensures that each participant experiences personal growth, fulfillment, and the opportunity to contribute meaningfully through employment and creative endeavors. Together, we are building a more inclusive and empowered community.



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## Contact Us

If you have any questions or need assistance, please contact our support team at 1800 18 2272 or email us [info@casacommunity.com.au](mailto:info@casacommunity.com.au)

Thank you for choosing Casa Community.  
Together, we can make a difference!

Best regards,  
Team Casa Community